



Modern-Moo, 9/1/2025

Some photos of Doug and Dean from the past few days. They're never far apart.



sqimmy2, 8/27/2025

Break Time! Lil dude Napping in my Acorn Squash Flowers



Coho444, 9/8/2025

This is my cat Marvin Pumapants. There are many cats like him, but this one is mine.



drpedrico, 9/6/2025

Today, a couple of vultures appeared at the window of the surgical center where I work. A patient said he was scared. It was like they were waiting for him to die.



Golden-Aiuut, 9/7/2025

I missed this in my play through, huge lore drop



JonEnglePhotography, 8/8/2025

A cave in the Dolomites [OC][1920x1536]

Plus-Horse892, 9/8/2025

5 Study Habits That Actually Worked For Me

1. Sleep and wake up early – train your brain to peak in the morning

I know, I know... you're probably a night owl. But trust me, there's a reason why everyone says "early bird gets the worm." Your brain works differently when it's rested and in the morning. Even just 2–3 hours of concentrated study right after waking up can feel like a full day's work. Start small: if you normally wake up at 11 AM, try waking up at 8 AM and gradually shift it earlier. Don't forget to go to bed earlier too—no scrolling endlessly on your phone right before bed. Your brain needs that reset. Morning focus is real, and it'll make exam time feel way less chaotic.

2. Eat wisely – fuel your brain, don't weigh it down

This is huge. We often underestimate how much our diet affects our focus. Heavy meals full of pasta, bread, or sweets will knock you out and make it impossible to concentrate. Instead, go for foods that give you steady energy: lean proteins, nuts, fruits, vegetables, and complex carbs in moderation. Snack smartly—berries, yogurt, or a handful of almonds while studying is better than chocolate or chips that give you a sugar spike and crash. Hydrate too—your brain is basically a tiny engine, and water keeps it running.

3. Limit social distractions – yes, even online ones

Listen, I get it. FOMO is real. But if you're serious about focus, you have to cut down on both offline and online social distractions. Weddings, parties, constant social media scrolling... all of it steals your energy. Set boundaries: tell your friends and family you need this time, mute notifications, or even use apps to lock social media while you study. Treat this like a mini bootcamp for your brain: the fewer distractions, the better your concentration, and the faster you'll finish what actually matters.

4. Prioritize effectively – the 80/20 rule

Here's a trick I wish I knew earlier: not all study material is created equal. Focus on the 20% of topics that generate 80% of your exam results. Look at past papers, ask friends who have taken the exam, or consult your teacher: what really keeps showing up? Master that first. The rest you can tackle if you have time, but this strategy alone can save you hours and reduce stress like nothing else.

5. Keep track of your study time like a pro. Don't just assume you're studying enough—actually measure it. I started using Studentheon (it's free), and it completely changed how I approach my sessions. You set a Pomodoro timer, and it

gives you clear stats and graphs showing how much you've actually worked. It's surprisingly motivating to see something like "30 hours studied this week" instead of just relying on gut feeling.

"My co-worker's daughter found out what he does for a living, so she made him wings to keep him safe. It's been three months now, and he hasn't gone to work without them." 🥺❤️



Safety_Officer_3, 8/24/2025

How thoughtful



Curvin98, 8/24/2025

me_irl



OncaAtrox, 9/7/2025

This is a jaguar from the northern Pantanal, locally known as "Ousado", which means bold in Portuguese.



Flimsy_Junket_860, 9/2/2025

Tomato from my grandparents garden. He's very happy to have grown. I think they still have it in the fridge. Should we eat it?



r/roomdetective
u/Automatic-Buy1670 · 7h

Join

What does my room say about me?



There's the ghost of the former owner living in the closet btw



267



161



OkAbility9016 · 6h

It looks like you live inside of an anus

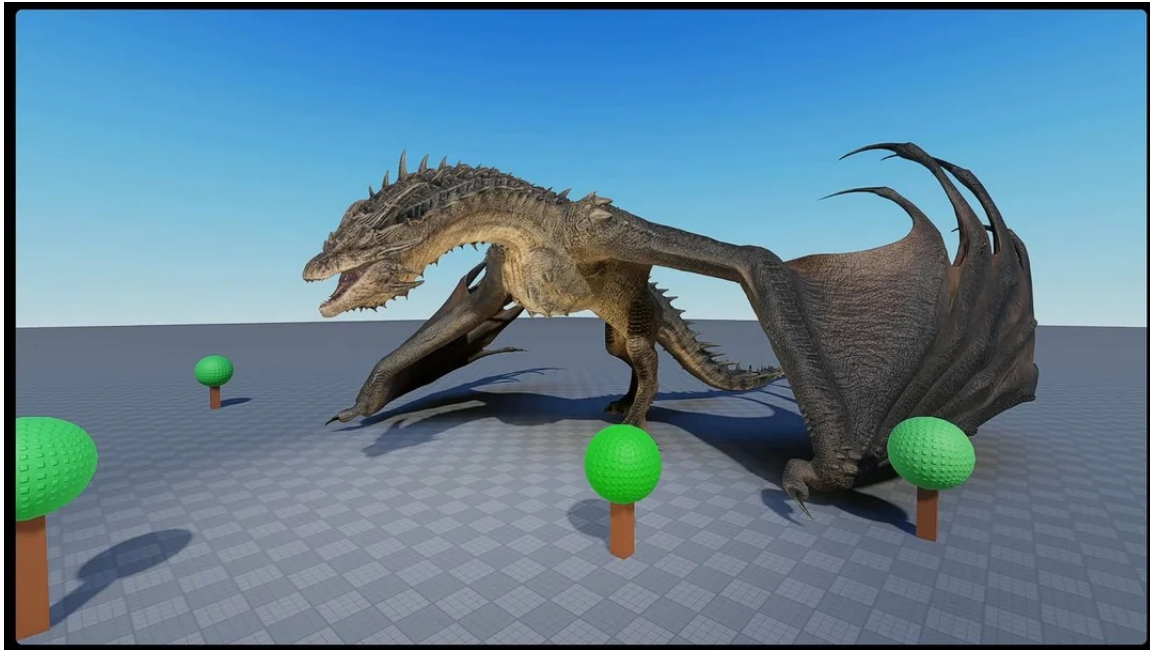
Negative_Gas4388, 9/8/2025

Was casually scrolling when I came across this. I think I finally have something to contribute to this!



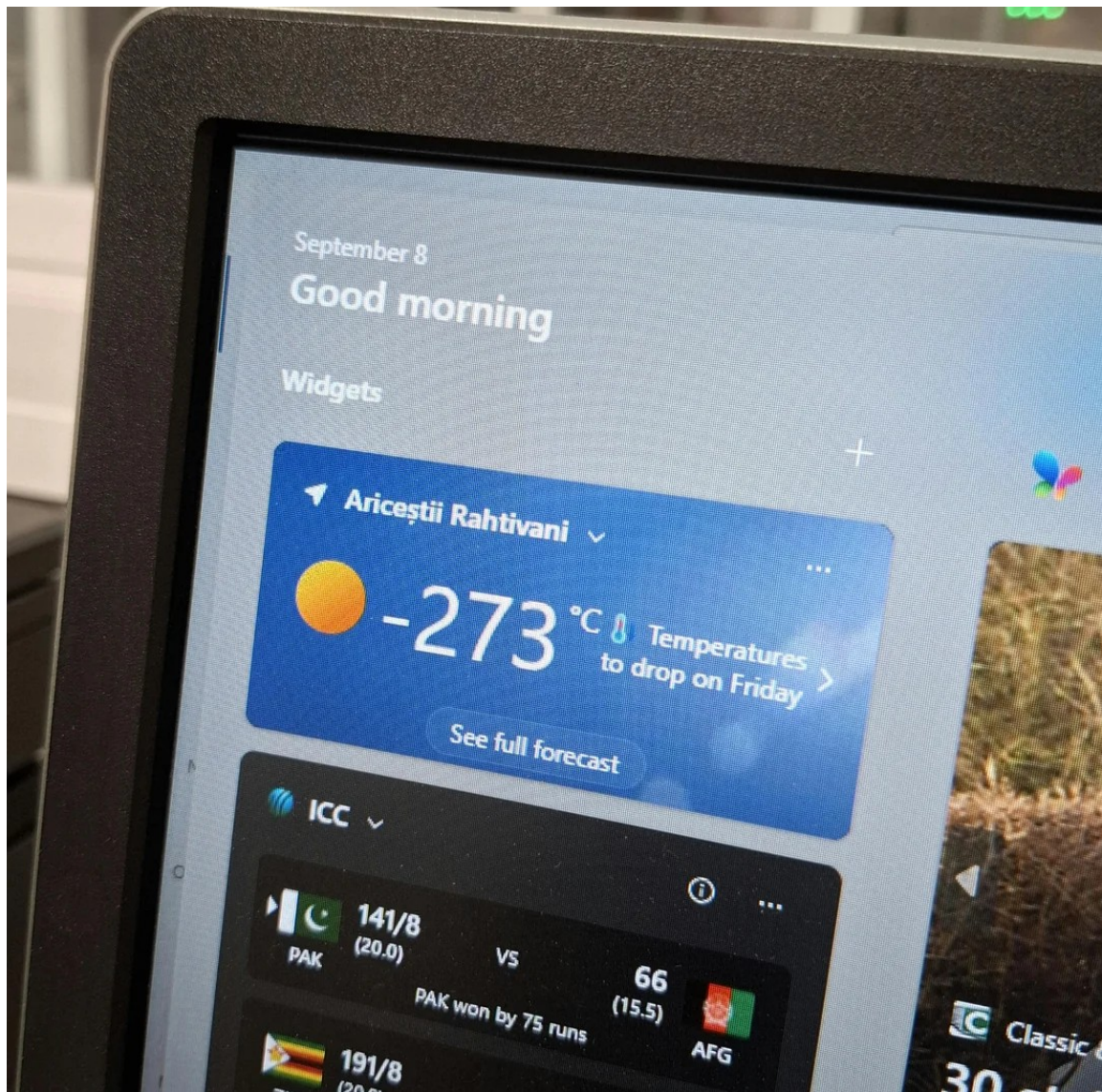
Villageidiot1984, 8/29/2025

It's Gary! My goofy, handsome, spoiled boy



Character-Day-8999, 9/5/2025

4K TEXTURES ARE COMING THIS YEAR



Adrian0991, 9/8/2025

Pretty cold today

Visiting dad after the divorce starterpack!



only soap in the whole bathroom

"don't tell your mother I said that"

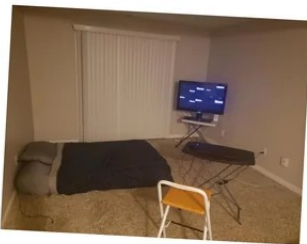


pap pap pap

just a box of off-brand cereal and some tortillas



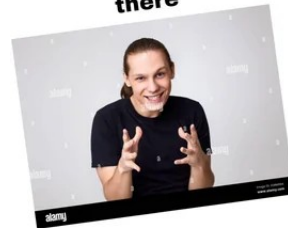
"what do you want from the chinese restaurant?"



"it's not much right now..."

"is she seeing anyone yet...?"

sketchy roommate/friend that's always there



TheCheeseLord28, 8/26/2025

I don't know if this is necessarily relatable to everyone, but other people I've spoken to have some similar experiences

Me : *tip toeing on the freshly mopped floor
to show how sorry I am for walking all over it*

The Janitor :



PinglyOrPongly, 8/8/2025

Be Kind To Those Around You [OC]

Me all ready for another exciting day
in the living room



DelusionsOfAdequacy, 8/26/2025

It's a peaceful life...

